



## H<sup>2</sup>O XTREAM FLIPPABALL CODE OF CONDUCT

### Code of Conduct for Players

#### As a Player I will:

- Always play by the rules
- Never argue with an official. If I disagree with a decision I will inform the captain, coach or manager during a break or after the competition
- Control my temper. I understand that verbal abuse of officials and other players or deliberately distracting or provoking an opponent is not acceptable or permitted behaviour in any sport
- Work equally hard for myself and my team
- Be a good sport and applaud all good plays whether they are made by my team or the opposition
- Treat all players in my sport as I like to be treated. I will not bully or take unfair advantage of another competitor
- Cooperate with my coach, team mates and opponents
- Display modesty in victory and graciousness in defeat
- Participate for my own enjoyment and benefit, not just to please parents and coaches
- Respect the rights, dignity and worth of all participants regardless of their gender, ability, cultural background or religion
- Thank the opposition and officials at the end of the game
- Follow the H<sup>2</sup>O Xtream pool rules

Any breaches of this Code of Conduct will be dealt with at the discretion of H<sup>2</sup>O Xtream management.

### For the Parents and Coaches

This is your opportunity to help your children:

#### With winning & losing

- It is Fun to win but learning to lose is also part of sport. Being able to accept both and learn from them creates a good sportsman. Parents and coaches are where children learn these lessons first.
- Be a good example!

#### Long Term Athletic Development

- Long term athletic development (LTAD) is part of the New Zealand Water Polo coaching strategy – and it starts with Flippa Ball. Flippa Ball is the "Active Start" stage of the program which leads on to the "Fundamentals". Learning the basics skills and having them reinforced so that it becomes habit makes the next step (whether to water polo or other ball sports) easier for the players and the coaches.

#### Having Fun

- If you – the parents and coaches are having Fun then the children will have Fun. The league coordinators and referees need positive role models and a positive atmosphere at the venues for the children.

### Code of Conduct for Parents

#### As a Parent I will:

- Encourage my child to play within the rules and respect officials' and coaches' decisions
- Teach my child to respect the efforts of their opponents
- Remember that children learn best by example so I will applaud good plays/performance by both my child's team and their opponents
- Give positive comments that motivate and encourage continued effort
- Support my child's efforts and performance
- Thank the coaches, officials and other volunteers who give their time to conduct the event for my child
- Help when asked by a coach or official
- Respect the rights, dignity and worth of all people involved in the game, regardless of their gender, ability or cultural background

#### I will not:

- Pressure my child in any way – I know that this is their game not mine
- I will not arrive at the venue intoxicated or drink alcohol at junior matches
- Use bad language, nor will I harass players, coaches, officials or other spectators
- Criticise or ridicule my child's performance after the game

Any breaches of this Code of Conduct will be dealt with at the discretion of H<sup>2</sup>O Xtream management.

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