

What's on H²O Xtream!

Please note: during Swimming Lessons the Leisure Pool is not open to the public, except for Aqua Jogging.

DATE	TIME	LANE POOL		ACTIVITY IN REMAINING LANES	TIME	LEISURE POOL		NO. IN GROUP
		LANES AVAILABLE				ACTIVITY		
Monday 10/08/2020 OPEN: 5.30am-9pm	5.30 - 9.00am	7			5.30 - 10am		Aqua Jogging	
	9.00 - 10.30am	2		Hydrorobics (9.20am)				
	10.30am - 3.15pm	7						
	3.15 - 6.15pm	4		Wavebreakers Swim School				
	6.15 - 7.15pm	3		Upper Hutt Swim Club				
	7.30 - 9.00pm	3		Hydrorobics (7.40pm)				
Tuesday 11/08/2020 OPEN: 5.30am - 9pm	5.30 - 8.00am	5-7		Upper Hutt Swim Club (5.30-7am)	5.30 - 10am		Aqua Jogging	
	8.00 - 9.00am	4		Group Booking	10 - 11am		Toddler Time	
	9.00am - 3.00pm	7						
	3.00 - 5.45pm	4		Flippaball				
	5.45 - 7.30pm	3		Wavebreakers Squad	6.30-8.30pm		Group Bookings	45
	7.30 - 9.00pm	3		Hydrorobics (7.40pm)				
Wednesday 12/08/2020 OPEN: 5.30am - 9pm	5.30 - 9.00am	7			5.30 - 10am		Aqua Jogging	
	9.00 - 10.30am	2		Hydrorobics (9.20am)				
	10.30am - 3.15pm	7						
	3.15 - 6.15pm	4		Wavebreakers Swim School				
	6.15 - 7.15pm	3		Upper Hutt Swim Club				
	7.15 - 9.00pm	3-5		Upper Hutt Swim Club				
Thursday 13/08/2020 OPEN: 5.30am - 9pm	5.30 - 7.30am	6-7		Upper Hutt Swim Club (6-7.30am)	8 - 10am		Aqua Jogging	
	7.30am - 3.15pm	7			10-11am		Toddler Time	
	3.15 - 5.45pm	4		Flippaball	11am-1pm		Group Booking	30
	5.45 - 7.30pm	3		Wavebreakers Squad				
	7.30 - 9.00pm	3		Hydrorobics (7.40pm)				
Friday 14/08/2020 OPEN: 5.30am - 10pm	5.30 - 7.00am	5		Upper Hutt Swim Club	5.30 - 10am		Aqua Jogging	
	7.00 - 8.00am	7						
	8.00 - 10.15am	5		Group Bookings				
	10.15 - 11.45am	2		Hydrorobics (10.30am)				
	11.45am - 2.30pm	4		School Lessons				
	2.30 - 3.15pm	7						
	3.15 - 6.00pm	4		Wavebreakers Swim School				
	6.00 - 7.00pm	7						
	7.00 - 10.00pm	NONE		Teentime				
Saturday 15/08/2020 OPEN: 8am - 7pm	8.00 - 11.00am	4		Wavebreakers Swim School	8 - 10am		Aqua Jogging	
	11.00am - 1.00pm	2-4		Teentime + Lessons (11.30am-12pm)	8 - 11am		Wavebreakers Swim School	
	1.00 - 4.30pm	NONE		Teentime				
	5.00 - 6.00pm	7						
	6.00 - 7.00pm	7						
Sunday 16/08/2020 OPEN: 8am - 6.30pm Women Only: 7 - 9pm	8.00 - 8.45am	7			8 - 10am		Aqua Jogging	
	8.45 - 10.15am	3		Hydrorobics (9.00am)				
	10.15 - 11.00am	5		Group Booking				
	11.00 - 1.00pm	4		Teentime				
	1.00 - 4.30pm	NONE		Teentime				
	5 - 6.30pm	5		Group Booking				
	6.30pm			CLOSED TO PUBLIC	6.30pm		CLOSED TO PUBLIC	
	7 - 9pm			WOMENS ONLY SWIM NIGHT	7 - 9pm		WOMENS ONLY SWIM NIGHT	
7 - 9pm			Lane Swimming/Walking	7 - 8pm		Aqua Jogging		
				8 - 8.45pm		Waves and Slides		

Teen Time:

- Friday night 7 - 10pm (Free slides after 7pm)
- Saturday 11.30am - 5pm (NO lanes available 1 - 5pm)
- Sunday 11am - 5pm (NO lanes available 1 - 5pm)
- Week days during the school holidays: 11am - 5pm (NO lanes available 1 - 5pm)

Don't be confused by the title, it's not only for teenagers - kids & adults alike are more than welcome. TeenTime is a dedicated time when we have the pools full of action, with inflatables, waves, slides, music & more!