

# What's on H<sup>2</sup>O Xtream!

**Please note:** during Swimming Lessons the Leisure Pool is not open to the public, except for Aqua Jogging.

DATE	TIME	LANE POOL		ACTIVITY IN REMAINING LANES	TIME	LEISURE POOL ACTIVITY	NO. IN GROUP
		LANES AVAILABLE					
<b>Monday</b> 03/08/2020 <b>OPEN:</b> <b>5.30am-9pm</b>	5.30 - 9.00am	7			5.30 - 10am	<a href="#">Aqua Jogging</a>	
	9.00 - 10.30am	2		<a href="#">Hydrorobics</a> (9.20am)			
	10.30am - 3.15pm	7					
	3.15 - 6.15pm	4		<a href="#">Wavebreakers Swim School</a>			
	6.15 - 7.15pm	3		Upper Hutt Swim Club			
	7.30 - 9.00pm	3		<a href="#">Hydrorobics</a> (7.40pm)			
<b>Tuesday</b> 04/08/2020 <b>OPEN:</b> <b>5.30am - 9pm</b>	5.30 - 8.00am	5-7		Upper Hutt Swim Club (5.30-7am)	5.30 - 10am	<a href="#">Aqua Jogging</a>	
	8.00 - 9.00am	5		Group Booking	10 - 11am	<a href="#">Toddler Time</a>	
	9.00am - 3.00pm	7					
	3.00 - 5.45pm	4		Flippaball			
	5.45 - 7.30pm	3		<a href="#">Wavebreakers Squad</a>			
	7.30 - 9.00pm	3		<a href="#">Hydrorobics</a> (7.40pm)			
<b>Wednesday</b> 05/08/2020 <b>OPEN:</b> <b>5.30am - 9pm</b>	5.30 - 9.00am	7			5.30 - 10am	<a href="#">Aqua Jogging</a>	
	9.00 - 10.30am	2		<a href="#">Hydrorobics</a> (9.20am)			
	10.30am - 3.15pm	7					
	3.15 - 6.15pm	4		<a href="#">Wavebreakers Swim School</a>			
	6.15 - 7.15pm	3		Upper Hutt Swim Club			
	7.15 - 9.00pm	3-5		Upper Hutt Swim Club			
<b>Thursday</b> 06/08/2020 <b>OPEN:</b> <b>5.30am - 9pm</b>	5.30 - 7.30am	6-7		Upper Hutt Swim Club (6-7.30am)	8 - 10am	<a href="#">Aqua Jogging</a>	
	7.30am - 3.15pm	7			10-11am	<a href="#">Toddler Time</a>	
	3.15 - 5.45pm	4		Flippaball			
	5.45 - 7.30pm	3		<a href="#">Wavebreakers Squad</a>			
	7.30 - 9.00pm	3		<a href="#">Hydrorobics</a> (7.40pm)			
<b>Friday</b> 07/08/2020 <b>OPEN:</b> <b>5.30am - 10pm</b>	5.30 - 7.00am	5		Upper Hutt Swim Club	5.30 - 10am	<a href="#">Aqua Jogging</a>	
	7.00 - 8.00am	7					
	8.00 - 10.15am	5		Group Bookings			
	10.15 - 11.45am	2		<a href="#">Hydrorobics</a> (10.30am)			
	11.45am - 2.30pm	4		School Lessons			
	2.30 - 3.15pm	7					
	3.15 - 6.00pm	4		<a href="#">Wavebreakers Swim School</a>			
	6.00 - 7.00pm	7					
	7.00 - 10.00pm	<b>NONE</b>		<b>Teentime</b>			
<b>Saturday</b> 08/08/2020 <b>OPEN:</b> <b>8am - 7pm</b>	8.00 - 11.00am	4		<a href="#">Wavebreakers Swim School</a>	8 - 10am	<a href="#">Aqua Jogging</a>	
	11.00am - 1.00pm	2-4		<b>Teentime</b> + Lessons (11.30am-12pm)	8 - 11am	<a href="#">Wavebreakers Swim School</a>	
	1.00 - 4.30pm	<b>NONE</b>		<b>Teentime</b>			
	5.00 - 6.00pm	7					
	6.00 - 7.00pm	7					
<b>Sunday</b> 09/08/2020 <b>OPEN:</b> <b>8am - 6.30pm</b>	8.00 - 8.45am	7			8 - 10am	<a href="#">Aqua Jogging</a>	
	8.45 - 10.15am	3		<a href="#">Hydrorobics</a> (9.00am)			
	10.15 - 11.00am	5		Group Booking			
	11.00 - 1.00pm	4		<b>Teentime</b>			
	1.00 - 4.30pm	<b>NONE</b>		<b>Teentime</b>			
	5 - 6.30pm	7					
	<b>Women Only:</b> <b>7 - 9pm</b>	<b>6.30pm</b>			<b>CLOSED TO PUBLIC</b>	<b>6.30pm</b>	<b>CLOSED TO PUBLIC</b>
	<b>7 - 9pm</b>			<b>WOMENS ONLY SWIM NIGHT</b>	<b>7 - 9pm</b>	<b>WOMENS ONLY SWIM NIGHT</b>	
	<b>7 - 9pm</b>			Lane Swimming/Walking	<b>7 - 8pm</b>	<a href="#">Aqua Jogging</a>	
					<b>8 - 8.45pm</b>	<a href="#">Waves and Slides</a>	

## Teen Time:

- Friday night 7 - 10pm (Free slides after 7pm)
- Saturday 11.30am - 5pm (NO lanes available 1 - 5pm)
- Sunday 11am - 5pm (NO lanes available 1 - 5pm)
- Week days during the school holidays: 11am - 5pm (NO lanes available 1 - 5pm)

Don't be confused by the title, it's not only for teenagers - kids & adults alike are more than welcome. TeenTime is a dedicated time when we have the pools full of action, with inflatables, waves, slides, music & more!