

# What's on H<sup>2</sup>O Xtream!

**Please note:** during Swimming Lessons the Leisure Pool is not open to the public, except for Aqua Jogging.

DATE	TIME	LANE POOL		ACTIVITY IN REMAINING LANES	TIME	LEISURE POOL		NO. IN GROUP
		LANES AVAILABLE				ACTIVITY		
<b>Monday</b> 17/06/19 <b>OPEN:</b> 5.30am - 9pm	5.30 - 9.00am	8			5.30 - 10am	<a href="#">Aqua Jogging</a>		
	9.00 - 11.45am	3		<a href="#">Hydrorobics</a> (9.20 & 10.30am)				
	11.45am - 12.30pm	8						
	12.30 - 2.30pm	5		School Booking				
	3.15 - 6.15pm	4		<a href="#">Wavebreakers Swim School</a>				
	6.15 - 7.15pm	3		Upper Hutt Swim Club				
	7.15 - 9.00pm	3		<a href="#">Hydrorobics</a> (7.35pm)	7.30-8.45pm	Group Booking	20	
<b>Tuesday</b> 18/06/19 <b>OPEN:</b> 5.30am - 9pm	5.30 - 7.00am	6		Upper Hutt Swim Club	5.30 - 10am	<a href="#">Aqua Jogging</a>		
	7.00 - 10.00am	8			10 - 11am	<a href="#">Toddler Time</a>		
	10.00 - 11.30am	4		School Booking				
	11.30am - 12.30pm	8						
	12.30-2.30pm	4		School Booking				
	3.00 - 5.45pm	3-4		<a href="#">Flippaball</a>				
	5.45 - 7.30pm	3		<a href="#">Wavebreakers Squad</a>				
	7.30 - 9.00pm	3		<a href="#">Hydrorobics</a> (7.35pm)				
<b>Wednesday</b> 19/06/19 <b>OPEN:</b> 5.30am - 6.30pm	5.30 - 9.00am	8			5.30 - 10am	<a href="#">Aqua Jogging</a>		
	9.00 - 11.45am	3		<a href="#">Hydrorobics</a> (9.20 & 10.30am)				
	11.45 - 12.30pm	8						
	12.30 - 2.30pm	4		School Booking				
	2.30 - 3.15pm	8						
	3.15 - 6.15pm	4		<a href="#">Wavebreakers Swim School</a>				
	6.15 - 7.15pm	3		Upper Hutt Swim Club				
	7.15 - 9.00pm	4-6		Upper Hutt Swim Club and Adult LTS				
<b>Thursday</b> 20/06/19 <b>OPEN:</b> 5.30am - 9pm	5.30am - 10.00am	8			5.30 - 10am	<a href="#">Aqua Jogging</a>		
	10.00 - 11.30am	4		School Booking	10-11am	<a href="#">Toddler Time</a>		
	11.30am - 12.30pm	8			10-11am	Group Booking	10	
	12.30 - 2.30pm	4		School Booking	12.30-2.30pm	Group Booking	40	
	3.00-5.45pm	3-4		<a href="#">Flippaball</a> + Group Booking				
	5.45 - 7.15pm	3		<a href="#">Wavebreakers Squad</a>				
		7.15 - 9.00pm	3		<a href="#">Hydrorobics</a> (7.35pm)			
<b>Friday</b> 21/06/19 <b>OPEN:</b> 5.30am - 10pm	5.30 - 7.00am	6		Upper Hutt Swim Club	5.30 - 10am	<a href="#">Aqua Jogging</a>		
	7.00 - 9.30am	8						
	9.30 - 10.15am	6		Group Booking				
	10.15 - 11.45am	3		<a href="#">Hydrorobics</a> (10.30am)				
	11.45am - 2.45pm	5		School Booking				
	3.15 - 6.00pm	4		<a href="#">Wavebreakers Swim School</a>				
	6.00 - 6.30pm	8						
	7.00 - 10.00pm	<b>NONE</b>		<b>Teentime</b>				
<b>Saturday</b> 22/06/19 <b>OPEN:</b> 8am - 7pm	8.00 - 11.00am	3-4		<a href="#">Wavebreakers Swim School</a>	8 - 10am	<a href="#">Aqua Jogging</a>		
	11.00am - 1.00pm	4		<b>Teentime</b>	8 - 11am	<a href="#">Wavebreakers Swim School</a>		
	1.00 - 4.30pm	<b>NONE</b>		<b>Teentime</b>	11am-5pm	Group Bookings	30	
	5.00-7.00pm	8						
<b>Sunday</b> 23/06/19 <b>OPEN:</b> 8am - 6.30pm  <b>Women Only:</b> 7 - 9pm	8.00 - 8.45am	8			8 - 10am	<a href="#">Aqua Jogging</a>		
	8.45 - 10.15am	3		<a href="#">Hydrorobics</a> (9am)	8 - 10.45am	<a href="#">Wavebreakers Swim School</a>		
	10.15 - 11.00am	4		Group Booking	10am-1.30pm	Group Bookings	20	
	11.00 - 1.00pm	4		<b>Teentime</b>				
	1.00 - 4.30pm	<b>NONE</b>		<b>Teentime</b>				
	5.00 - 6.30pm	8						
		6.30pm			<b>CLOSED TO PUBLIC</b>	6.30pm	<b>CLOSED TO PUBLIC</b>	
	7 - 9pm			<b>WOMENS ONLY SWIM NIGHT</b>	7 - 9pm	<b>WOMENS ONLY SWIM NIGHT</b>		
	7 - 9pm			Lane Swimming/Walking	7 - 8pm	<a href="#">Aqua Jogging</a>		
					8 - 8.45pm	<a href="#">Waves and Slides</a>		

## Teen Time:

- Friday night 7 - 10pm (Free slides after 7pm)
- Saturday 11am - 7pm (NO lanes available 1 - 5pm)
- Sunday 11am - 5pm (NO lanes available 1 - 5pm)
- Week days during the school holidays: 11am - 5pm (NO lanes available 1 - 5pm)

Don't be confused by the title, it's not only for teenagers - kids & adults alike are more than welcome. TeenTime is a dedicated time when we have the pools full of action, with inflatables, waves, slides, music & more!